

John T. Dearborn, M.D.
Orthopaedic Surgeon

Summer 2021

John G. Costouros, M.D.
Orthopaedic Surgeon

Dear Patients,

Kelly K. Haws, PA-C
Physician Assistant

Summer is upon us and our office schedule has returned to its normal, pre-Covid state of busy. With most of the population vaccinated, our patients who had been delaying surgery are coming forward in waves. We thank you for your trust.

Dave Bryan, PA-C
Physician Assistant

We continue to recommend getting the Covid-19 vaccine. The incidence of problems is very low and being vaccinated is a safe and reliable way of avoiding severe illness. All of the vaccines are effective against the highly infectious delta variant, which is the main pathogen for new cases in the United States.

Breane Wong, PA-C
Physician Assistant

Some important updates:

Our clinics are open Monday—Friday. If you have been exposed to Covid recently or are awaiting test results, **please do not come to our offices**. In our Menlo Park location, masks are optional for vaccinated patients. The Fremont clinic, as part of Washington Hospital, requires temperature screening and masks for everyone who enters the clinic, regardless of vaccination status.

For the time being, Washington Hospital continues to require a recent negative Covid-19 test prior to surgery for all patients, vaccinated or not. Sequoia Hospital has lifted this mandate for fully vaccinated patients, and we expect Washington Hospital will follow suit soon, though most Alameda County hospitals are still testing and some breakthrough cases have been reported.

Our Peninsula Surgery Center in Redwood Shores is complete and our Medicare application has been approved. The only step standing between us and being fully operational is the final inspection and its related paperwork. As one might expect, the bureaucratic delays have been many—however, we are confident the wait will be worth it! Stay tuned for an announcement here about our official grand opening.

Thank you for taking time to read this update. Please join me in continuing to pray for healing in our nation, as we look forward to better times ahead.

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Blessings to you all,



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